

## The Glen Rosa Track



**1 hr 30 mins**

**Moderate track**

**3.5 km Circuit**

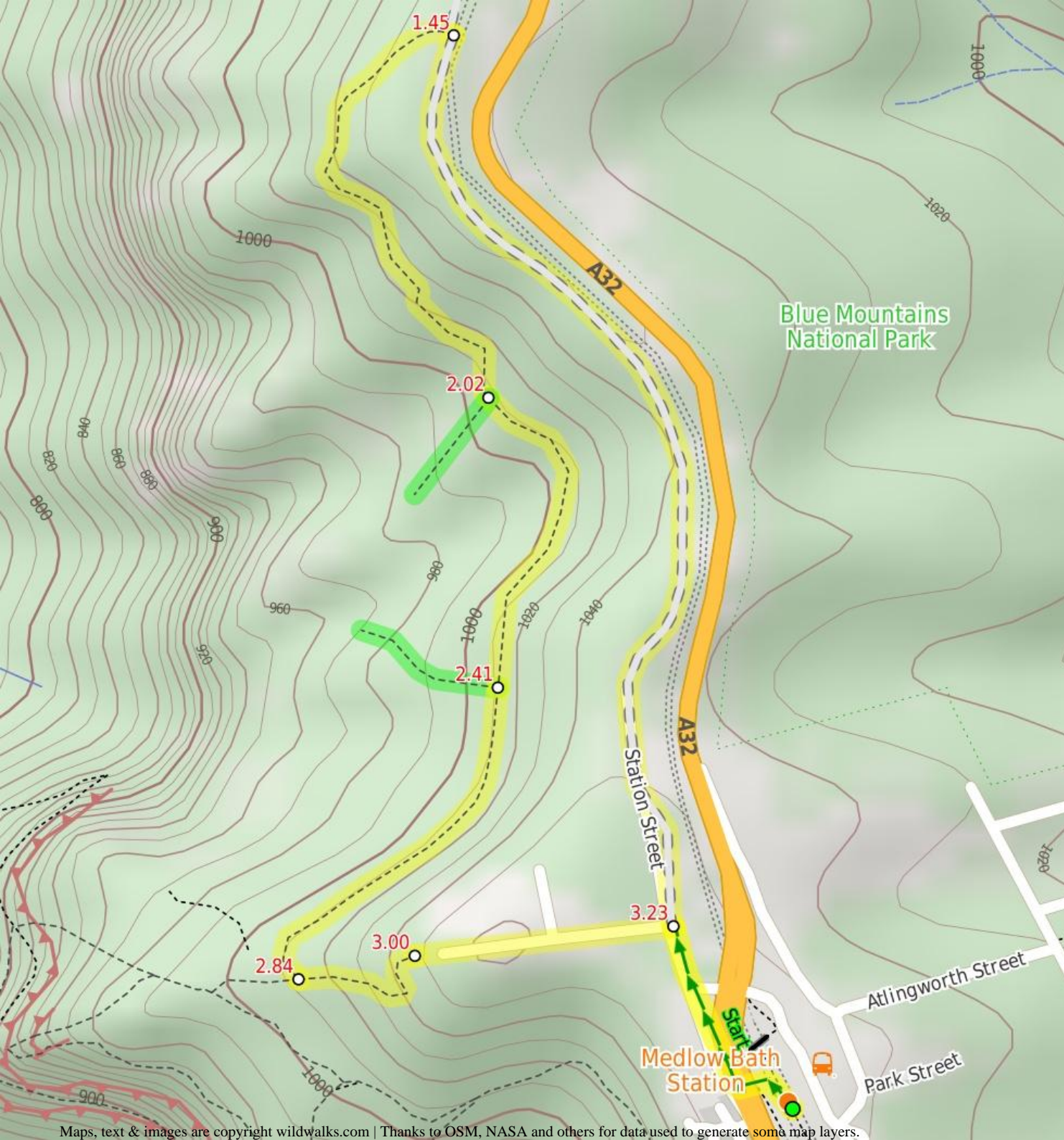
**▲ 120m**

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Using a variety of trails this circuit is a good walk for those looking for a shorter walk in the Medlow Bath area. Unfortunately, it does not have the views of the Megalong Valley that many of the other walks in the area do have. It is really the sidetrips that make this walk enjoyable, especially the short trip down to the small cave.

1001m

Blue Mountains LGA





### Are you ready to have fun?

Please ensure you and your group are well prepared and equipped for all possible hazards and delays. Check park closures, weather information and Fire Danger Rating before setting out. Optional side trips and alternate routes noted are not included in this walk's overall grade, length or time estimate. Please allow extra time for resting and exploring areas of interest. The authors, staff and owners of wildwalks take care in preparing this information but will not accept responsibility for any inconvenience, loss or injury you may experience. Please take care, have fun - Happy Walking. **Getting there** You can get to Meadlow Bath Railway Station (gps: -33.6736, 150.2807) by car, train or bus. Car: There is free parking available.

This is a circuit, so you will finish back at the start.

Find up to date and more information including; travel directions, weather, park closures and walker feedback at <http://wild.tl/tgrt>

#### 0 | Meadlow Bath Railway Station

(280 m 4 mins) From Meadlow Bath Train Station, this walk crosses the Great Western Hwy to the west onto Station Rd heading North-West. The walk follows the road for approximately 150m before coming to the corner of Belgravia Rd.

#### 0.28 | Int of Station St and Belgravia Rd

(1.2 km 21 mins) Continue straight: From the intersection of Belgravia Rd and Station St, this walk heads north along the wide management trail. This runs parallel to both the railway line and the Great Western Hwy on the west side. Approximately 200m past Belgravia Rd, the track passes some pretty houses including some heritage stone buildings. From here, the walk continues north until passing a clearing on the left, about where the tall trees start between the train line and highway. Approximately 30m past the clearing, the walk comes to an intersection with a narrow bush track on the left. This intersection is quite hidden and so it is necessary to look out sharply at the small clearings off to the side of the track.

#### 1.45 | Int of Station St and Wonderland Track

(560 m 12 mins) Turn left: From the intersection, this walk heads west, slightly away from the railway tracks, before turning to the south-west. The walk follows the narrow bush track through low-lying scrub on either side, and occasionally glimpses magnificent views over the valley to the west. After a little while, the track comes to a small intersection with another bush track on the right (heading downhill).

#### 2.02 | Optional sidetrip to Lookout

(140 m 3 mins) Turn right: From the intersection, this walk heads directly down the hill to the south-west. After a short period, the walk passes some good cliffs before coming to a large boulder formation and clearing. This offers a good view over the bushland, however the surrounding trees make it difficult to see further into the valley. At the end of this side trip, retrace your steps back to the main walk then Turn right.

#### 2.02 | Int of Wonderland and Lookout Track

(400 m 8 mins) Continue straight: From the intersection, this walk heads south along the bush track around the valley until coming to a small intersection with a bush track on the right (which heads downhill).

#### 2.41 | Optional sidetrip to Cave

(150 m 4 mins) Turn right: From the intersection, this walk heads directly down the hill to the west along a narrow bush track, until coming to a boulder formation which looks out over the valley. At this point, there is also a small cave made out of the sandstone that has been graffitied inside.

At the end of this side trip, retrace your steps back to the main walk then Turn right.

#### 2.41 | Int of Wonderland and Cave Tracks

(430 m 10 mins) Continue straight: From the intersection, this walk heads south (with the hill sloping up to the left) until coming to a 'T' intersection with a bush track.

#### 2.84 | Int of Wonderland and Belgravia St Tracks

(160 m 6 mins) Turn left: From the intersection, this walk follows the small bush track directly up the hill to the east, until emerging on the end of Belgravia Rd.

#### 3 | End of Belgravia Rd

(230 m 5 mins) Continue straight: From the end of Belgravia Rd, this walk heads east along the road until coming to an intersection with Station Rd at the railway tracks.

#### 3.23 | Int of Station St and Belgravia Rd

(280 m 4 mins) Turn right: From the corner of Belgravia Rd and Station St, this walk heads south-east along Station St until reaching the Great Western Hwy. At this point, the walk crosses the highway to the east and goes into Meadlow Bath Railway Station.

