

South Head Tour



1 hr 45 mins

Hard track

4

4.1 km Circuit

▲ 144m

On this walk, you will explore historically significant and majestic sections on the tip of Sydney Harbour's South Head. Explore the confronting sea cliffs at The Gap, visit the first landing place for Europeans in Australia and climb through some of Sydney Harbour's military defense systems. You will also enjoy great views from Hornby Lighthouse and there are a few chances to grab a drink or a bite to eat along the way.

1m

Sydney Harbour National Park



Watsons Bay

Watsons Bay is a popular spot to enjoy the harbour, Robertson Park and some fish and chips. Doyles offers a formal dining restaurant and the more relaxed fish and chip shop on the ferry wharf. Robertson Park is a large open grassy park with some natural shade, a rotunda, toilets, children's play equipment, garbage bins and picnic tables. [More info.](#)

The Gap

The Gap is one of Sydney's most famous ocean cliff lookouts. The view from the track beside the stretch of cliff is simply stunning. The tall cliffs are enhanced by the rock platform and the pounding ocean far below. Sadly, this site is not only known for the natural wonder, but also for the many deaths that occur here each year. Security cameras and an emergency phone have been installed, to help assist people considering suicide. On the unlikely event that you see someone in distress, please call the police on 000 and lifeline on 131 114, or use the nearby emergency phone. [More info.](#)

The Gap Bluff Lookout

The Gap Bluff Lookout sits high on the rocky hill overlooking the South Pacific Ocean. On the left is a view to North Head and to your right, looking south down the coast, there are great views over The Gap. There are also distant views over the harbour to the city. This site is significant to the traditional owners, the Birrabirragal people, who once occupied the area - although not at this site, there are some rock engraving still remaining. This is a great place to visit and well worth climbing the steps for the view.

Gun Emplacement Lookout

Once home to several gun emplacements, this is now a peaceful, fenced lookout. There are information signs explaining some history, and also some remaining sections of the fortifications to explore.

The Armoury

The Armoury was a store building built in 1938, to keep defence supplier secure. Since then, it has undergone several changes and is now a popular function centre. The building is at the back of a large grassy clearing that hosts some great harbour views, popular for wedding parties. There is also a public toilet block and several other historic buildings in the area, including the larger Officer's Mess to the south-east.

Before You walk

Bushwalking is fun and a wonderful way to enjoy our natural places. Sometimes things go bad, with a bit of planning you can increase your chance of having an enjoyable and safer walk. Before setting off on your walk check

- 1) Weather Forecast ([BOM Metropolitan District](#))
- 2) Fire Dangers ([Greater Sydney Region, unknown](#))
- 3) Park Alerts ([Sydney Harbour National Park](#))
- 4) Research the walk to check your party has the skills, fitness and equipment required
- 5) Agree to stay as a group and not leave anyone to walk solo

Think before you TREK

The 'Think before you TREK' program developed by NSW Police & NPWS promotes the benefits of planning ahead for your bushwalking trip by using an easy to remember acronym:

- T** Take adequate supplies of food, water, navigation and first aid equipment.
- R** Register your planned route and tell friends and family when you expect to return.
- E** Emergency beacon (PLB's) should be carried on walks with significant gaps in mobile coverage (check terrain profile).
- K** Keep to your planned route and follow the map and walking trails.

Topo Maps

The maps provided on wildwalks are helpful, but there are times where you may need maps covering a broader area. Maps that cover this walk include;

1:25 000 Map Series:91302N SYDNEY HEADS

1:100 000 Map Series:9130 SYDNEY

Grade

This walk has been graded using the AS 2156.1-2001. The overall grade of the walk is determined by the highest classification along the whole track.



Grade 4/6
Hard track

Length	4.1 km Circuit
Time	1 hr 45 mins
Quality of track	Clear and well formed track or trail (2/6)
Signs	Clearly signposted (1/6)
Experience Required	No experience required (1/6)
Weather	Weather generally has little impact on safety (1/6)
Infrastructure	Generally useful facilities (such as fenced cliffs and seats) (1/6)



Mobile phone coverage depends on many factors, this graph displays the probability of mobile coverage along this walk. Although hopefully close, actual coverage will vary from what is shown here. Please always carry a PLB in remote areas.

Are you ready to have fun?

Please ensure you and your group are well prepared and equipped for all possible hazards and delays. Check park closures, weather information and Fire Danger Rating before setting out. Optional side trips and alternate routes noted are not included in this walk's overall grade, length or time estimate. Please allow extra time for resting and exploring areas of interest. The authors, staff and owners of wildwalks take care in preparing this information but will not accept responsibility for any inconvenience, loss or injury you may experience. Please take care, have fun - Happy Walking.

Getting there You can get to Watsons Bay Wharf (gps: -33.8433, 151.2818) by car, ferry or bus. Car: There is free parking available.

This is a circuit, so you will finish back at the start.

Find up to date and more information including; travel directions, weather, park closures and walker feedback at <http://wild.tl/sbt>

0 | Watsons Bay

Watsons Bay is a popular spot to enjoy the harbour, Robertson Park and some fish and chips. Doyles offers a formal dining restaurant and the more relaxed fish and chip shop on the ferry wharf. Robertson Park is a large open grassy park with some natural shade, a rotunda, toilets, children's play equipment, garbage bins and picnic tables. [More info.](#)

0 | Watsons Bay Wharf

(250 m 5 mins) From Watsons Bay Wharf, this walk heads diagonally across the turning circle at the end of Military Rd and into 'Robertson Park'. The walk follows the path diagonally across the open park and tends a little left (straight ahead) at the four-way intersection beside the rotunda. Here the walk goes up the ramp and crosses Military Rd using the crossing, coming to the base of the steps (that lead to The Gap).

Continue straight: From the bottom of the Gap steps, this walk heads up the steps (or ramp). About halfway up the steps, there is an emergency phone for contacting the police or Lifeline, then at the top there is a fenced section of footpath (lookout) and ocean views from The Gap.

0.25 | The Gap

The Gap is one of Sydney's most famous ocean cliff lookouts. The view from the track beside the stretch of cliff is simply stunning. The tall cliffs are enhanced by the rock platform and the pounding ocean far below. Sadly, this site is not only known for the natural wonder, but also for the many deaths that occur here each year. Security cameras and an emergency phone have been installed, to help assist people considering suicide. On the unlikely event that you see someone in distress, please call the police on 000 and lifeline on 131 114, or use the nearby emergency phone. [More info.](#)

0.25 | The Gap

(190 m 5 mins) Turn left: From The Gap, this walk heads up the hill along the path, keeping the fence and water views to your right. The path leads past the 'Sydney Harbour National Park - Gap Bluff' sign and more great views of The Gap. The path comes to a three-way intersection in a small clearing, marked with a few signs including 'The Gap timeline'.

Turn right: From the intersection, this walk heads up the path then steps, following the fence and keeping the water views to your right. The path leads past several information signs on local plant life and some lovely wildflowers. The walk continues up the many steps to a rocky clearing near the top. Here the walk tends left and takes the steps through the cleft in the rock to find another rocky clearing and lookout with great panoramic views at the top of Gap Bluff.

0.44 | The Gap Bluff Lookout

The Gap Bluff Lookout sits high on the rocky hill overlooking the South Pacific Ocean. On the left is a view to North Head and to your right, looking

south down the coast, there are great views over The Gap. There are also distant views over the harbour to the city. This site is significant to the traditional owners, the Birrabirragal people, who once occupied the area - although not at this site, there are some rock engraving still remaining. This is a great place to visit and well worth climbing the steps for the view.

0.44 | The Gap Bluff Lookout

(100 m 2 mins) Turn left: From the Gap Bluff Lookout, this walk follows the footpath away from the gap and into the heath, keeping the ocean to your right. This path soon leads to a three-way intersection (at an old car park undergoing regeneration) marked with a 'Banksia integrifolia - coast banksia' information sign.

0.54 | Optional sidetrip to Gun Emplacement Lookout

(60 m 2 mins) Veer right: From the intersection, this walk heads uphill along the sealed footpath, away from the face of the 'Banksia integrifolia - coast banksia' information sign. Soon the path passes a lookout on your right and comes to an old gun emplacement marked with a 'The gunnery range' sign and a short track to a fenced lookout with another sign. At the end of this side trip, retrace your steps back to the main walk then Turn right.

0.54 | Gun Emplacement Lookout

Once home to several gun emplacements, this is now a peaceful, fenced lookout. There are information signs explaining some history, and also some remaining sections of the fortifications to explore.

0.54 | Old car park Int

(220 m 5 mins) Veer left: From the intersection, this walk heads along the sealed footpath, directly away from the ocean (not in view) whilst keeping the 'Banksia integrifolia - coast banksia' information sign initially on your left. The path leads into the heath and after ~70m, passes a rock cutting then turns left onto a yellow-painted concrete path. After a while, this path leads down a series of steps, past the side of the 'The Armoury' and a 'Gunning for Australia' sign and comes to a large clearing and intersection with a road (driveway) in front of 'The Armoury'. The intersection is marked with a 'Access to South Head Heritage Trail' sign (pointing to the right).

0.76 | The Armoury

The Armoury was a store building built in 1938, to keep defence supplier secure. Since then, it has undergone several changes and is now a popular function centre. The building is at the back of a large grassy clearing that hosts some great harbour views, popular for wedding parties. There is also a public toilet block and several other historic buildings in the area, including the larger Officer's Mess to the south-east.

0.76 | The Armoury

(430 m 8 mins) Turn right: From the front of 'The Armoury', this walk follows the 'Access to South Head Heritage Trail' sign arrow, passing the palm trees and water views (to your left). This walk follows the driveway for ~270m and passes around the locked gates to find a 'Sydney Harbour National Park' sign and an intersection with a road in front of HMAS Watson security gates. Here the walk crosses the road using the pedestrian crossing, then turns left and follows the 'Access to Camp Cove Beach and South Head Heritage Trail' sign down the footpath. Just before the sandstone HMAS Watson gates, this walk follows the footpath to the right and down the steps to Cliff St and another 'Access to Camp Cove Beach and South Head Heritage Trail' sign.

1.19 | HMAS Watson entrance

(240 m 4 mins) Veer right: From the near the sandstone pillars at the HMAS Watson entrance, this walk follows the 'Access to Camp Cove Beach and

South Head Heritage Trail' sign downhill along Cliff Street. The road soon leads to the signposted 'Camp Cove car park' at the intersection with Victoria St.

Continue straight: From the signposted 'Camp Cove Car Park', this walk follows the 'No Through Road' sign to the end of 'Cliff St'. The footpath leads past a 'Camp Cove timeline' information sign then, at the end of the road, turns left, coming to the front of the kiosk at the northern end of Camp Cove Beach.

1.43 | Camp Cove

Camp Cove is home to a lovely, yellow sand, north-east facing beach. The cove is on the protected side of South Head and is a popular spot for swimming and relaxing on the beach. At the northern end of the beach is a kiosk, toilet block and an entrance to Sydney Harbour National Park. The cove was an important location to the Cadigal (Gadigal) people who gathered fresh water, shellfish, launched their canoes and buried some of their people nearby. This cove is also believed to be the first landing place for Europeans in 1788. The name Camp Cove was given during that landing and appears on the earliest maps of Sydney Harbour.

1.43 | Camp Cove Beach

(130 m 3 mins) Veer right: From the front of Camp Cove Beach kiosk, this walk crosses the beach (keeping the water to your left) and climbs up the timber staircase. From the intersection at the top of the stairs, this walk continues straight, along the timber boardwalk that soon turns into a concrete path. The path soon comes to a wide, cobbled sandstone path that leads up a disused cannon, gun emplacement and great harbour views.

1.56 | Cannon

This cannon was placed here prior to 1890, along with the rest of this gun emplacement and rifle walls. The emplacement was designed to protect a military jetty and boat shed from the threat of an invasion. The 'Cobblestone Road' beside the cannon was built during the late 1870s or early 1880s and extends from the jetty in Camp Cove up to Hornby Road above. The road was built to carry supplies and ordnance from Camp Cove to the various military installations on south head. [More info.](#)

1.56 | Cannon

(290 m 6 mins) Continue straight: From the cannon, this walk heads up the path and steps and soon turns left to follow the old road. The walk follows the old road, enjoying sweeping harbour views (to your left). About 170m along this road (as it bends right), it passes a toilet block then finds some garbage bins at the end of the road. Here, the walk heads along the narrower footpath for ~60m until coming to the signposted intersection above 'Lady Bay Beach'.

1.85 | Optional sidetrip to Lady Bay Beach

(30 m 1 mins) Turn left : From the intersection, the walk follows the 'Lady Bay Beach' sign down the steps as they wind to the sandy beach below. At the end of this side trip, retrace your steps back to the main walk then Turn left.

1.85 | Lady Bay Beach

Lady Bay Beach is an official nudist beach found on the inside of South Head. Facing west, this beach is surrounded by a long cliff and a rocky shoreline. There are great views across the water to Middle Head. Officially declared a nude bathing beach by Neville Wran in 1976, nudity is only permitted on the beach and water. The beach is also known as 'Lady Jane Beach'. You are welcome to use the beach clothed or unclad. [More info.](#)

1.85 | Lady Bay Beach Int

(90 m 2 mins) Continue straight: From the intersection, this walk heads

gently downhill along the main path, keeping the large fence to your right. The path leads down a few steps and after ?80m, heads up a few steps then some more steps through a cleft in the rock to find the fenced timber lookout platform looking over Lady Bay.

1.94 | Lady Bay Lookout

Some may find it strange having a lookout platform overlooking a nudist beach, but the harbour and city views are great. This fenced and timber-decked lookout platform is found on the main walking track at the northern end of the bay. The lookout's main view is south-west along the beach and harbour towards North Sydney. There are a few trees growing up over the view, which adds further interest to the outlook.

1.94 | Lady Bay Lookout

(60 m 1 mins) Continue straight: From Lady Bay Lookout, this walk heads up the steps and follows the timber boardwalk a short distance until coming to a four-way intersection next to the large 'South Head Heritage Trail' sign.

2 | Circuit Intersection

(130 m 3 mins) Turn right: From the intersection, this walk heads uphill along the concrete path directly away from the water, initially keeping the large 'South Head Heritage Trail' sign on your left. The path leads up through the heath, soon crossing an old road. The path then bends left and passes a few old fortifications, coming to a large gun emplacement and a 'Fortifications 1854' sign.

2.13 | Gun Emplacements

Gun emplacements like these have been built up and down the coast, and around the shores of Sydney Harbour. The first emplacement, built in 1788, was designed as a signalling station to notify the arrival of a ship. Then in 1839, the undetected arrival of ships, from the fast developing USA, caused a great concern. This triggered the building of the well-known fortifications at Bradleys Head and Fort Denison, as well as these ones at South Head. Another enemy at the time, France, then joined a campaign against a newer enemy - the Russians - in 1853, which prompted the completion of these gun emplacements. Guns were installed in 1872. In WWII, it was a Japanese enemy who these guns were trying to keep out, then in 1944, when the threat of invasion was less of a concern, the emplacements were disarmed. [More info.](#)

2.13 | Gun Emplacements

(70 m 2 mins) Continue straight: From the Gun Emplacements and 'Fortifications 1854' sign, this walk heads downhill along the path to the large red and white striped lighthouse about ?80m down the hill.

2.21 | Hornby Lighthouse

Opened by Sir William Denison (then Governor of New South Wales) in 1858, this distinct red and white vertical striped lighthouse was originally powered by a high-tech kerosene lantern. The lighthouse was built in response to two significant losses of life near South Head - firstly in 1857, the 'Dubar' (on its last leg from England), when 121 of the 122 people on board lost their lives, and soon after, the 'Catherine Adamson' when 21 lives were lost near North Head just two months later. Since 1933, this lighthouse has been automated and is now powered with a 12 volt, 55 watt Quartz Halogen Lamp (similar to a down light in a kitchen). [More info.](#)

2.21 | Hornby Lighthouse

(90 m 2 mins) Continue straight: From Hornby Lighthouse, this walk heads downhill along the footpath past the concrete gun emplacement, keeping the water views to your right. The path bends left and leads over a small bridge, soon coming to the front of the Lightkeeper's Cottage marked with a

'Lightkeeper's Cottages 1858' sign between the old house and a gun emplacement.

2.3 | Lightkeepers Cottage

Two homes were built on South Head for the Hornby lighthouse keepers. The first cottage is the Head Lighthouse Keeper's Cottage in the clearing, with the assistant's house being closer to the lighthouse. This arrangement is unusual - normally, the head keeper's house would be closer. The head lightkeeper's house was completed about three years after the other house, around 1860. The first head lighthouse keeper was the well-motivated James Johnston, who was aboard the Dubar (a sailing ship on route from England) that smashed against the rocks near The Gap in 1857. 121 souls were lost that evening and James Johnston was the only survivor.

2.3 | Lightkeepers Cottage

(740 m 15 mins) Continue straight: From the Lightkeeper's Cottage, this walk follows the footpath, keeping the water views to your right. The path leads around the edge of the large clearing and after ?100m, the path leads into the heath. Soon the path leads to a timber boardwalk and a four-way intersection marked with a large 'South Head Heritage Trail' sign on your left.

Veer right: From the intersection, this walk heads directly away from the face of the 'South Head Heritage Trail' sign along the timber boardwalk and down a series of steps. The timber boardwalk soon leads to a fenced lookout with a view over Lady Bay.

Continue straight: From Lady Bay Lookout, this walk heads down the steps next to the lookout and follows the footpath alongside the large fence. The path heads up a series of steps to the signposted intersection above 'Lady Bay Beach'.

Continue straight: From the intersection, this walk heads gently uphill along the footpath (keeping the water to the right) and after ?60m, the path comes to the end of an old road. This walk continues along the old road, past the garage bins and the large toilet block (on your left). The walk now follows the road as it leads around a sweeping left-hand bend, enjoying more harbour views until turning right onto a footpath, near a palm tree (just before the road meets a large fence). The walk heads down this path and some steps to find a disused cannon, gun emplacement and more great harbour views.

Continue straight: From the cannon, this walk heads down along the wide, cobbled sandstone path (keeping the water views to your right). The walk then follows the footpath gently downhill to an intersection (with a toilet block on the left). The walk heads straight, then down the steps and across the beach to the front of the Camp Cove Beach Kiosk.

3.03 | Camp Cove Beach

(230 m 4 mins) Veer right: From the northern end of Camp Cove Beach, in front of the kiosk, this walk heads along the sand (or the footpath) to the far end of the beach, keeping the water to your right. At the far end of the beach, the walk comes to an intersection with a couple of other tracks.

3.26 | Southern End of Camp Cove Beach

(50 m 1 mins) Turn right: From the southern end of Camp Cove Beach, this walk heads up the timber staircase, keeping the beach and water to your right. At the top of the stairs, this walk follows the footpath up the steps through the open parkland to find a monument commemorating the landing of Governor Phillip in 1788 just below the toilet block.

3.31 | Green Point Park

Also known as Laings Point, Green Point is a headland on the inside of South Head. The park (at the end of Pacific St) is inside the National Park and is on sloped ground. There is a toilet, great water views, an open grassy area, bench seats and a monument. The monument reminds visitors that Cove Beach (just below) was the first landing place for Governor Phillip in 1788.

The park is a pleasant place to rest and is sometimes hired for weddings. A cottage at the top can also be hired from NPWS to make a weekend of your adventures.

3.31 | Green (Laings) Point Park

(90 m 2 mins) Veer right: From the monument commemorating the landing of Governor Phillip in 1788, in the middle of the park, this walk heads downhill diagonally across the grassy area, keeping the water ahead and to your right. The walk then follows the steps down between the gap in the bushes and across the grass to find a tall sandstone monument and an information sign about the 'World War II Anti-Torpedo Boom' at Green (Laings) Point, beside the water.

3.4 | Green (Laings) Point

Green (Laings) Point is an open grassland reserve with extensive harbour views. Then western tip of the point is still home to many relics, reminding visitors that this area played a significant role in the 1480m anti-submarine net that spanned the harbour entrance, built in 1942. The other end of the net attached to Georges Head. Midway through construction, in May 1942, was when the three Japanese midget submarines entered and attacked vessels in the harbour. From this headland, there are still some preserved parts of the net's construction, including the winch house foundations, the anti-motor torpedo boat defensive battery entrance and another battery. There is also an information sign with more details about the history of the area. [More info.](#)

3.4 | Green (Laings) Point

(130 m 3 mins) Continue straight: From the 'World War II Anti-Torpedo Boom' information sign, this walk heads along the grass away from the tall sandstone monument, keeping the water on your right. The walk follows the worn path between the bushes then between the two bunkers, and then across the next grassy clearing towards the house. Near the house, the walk turns left and heads up the hill then steps to find the end of Pacific St.

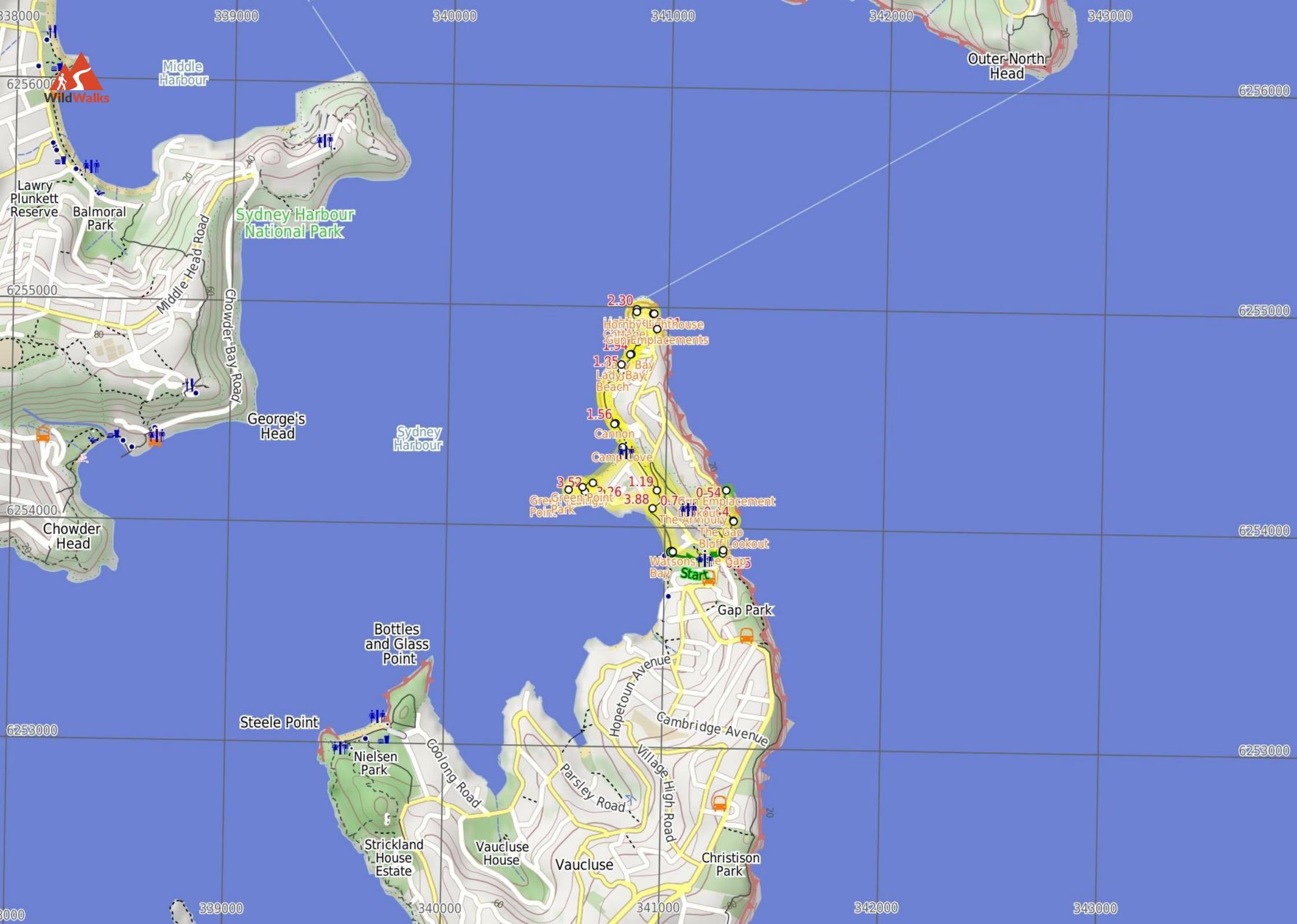
3.52 | End of Pacific St

(360 m 7 mins) Turn right: From the end of Pacific St, this walk heads downhill along the road. The road soon bends right and comes to an intersection with Victoria St and the signposted 'Marine Biological Station Park' (on your left).

Continue straight: From the intersection, this walk heads downhill, the wrong way along Pacific Street past the 'no entry' signs. The road soon leads past the signposted 'Victoria Wharf Reserve' (on your right) and continues along the road, soon turning right into Cove St. The walk follows the footpath that soon leads down a ramp, coming to an intersection just below the intersection of Cove and Short Streets.

3.88 | Int of Cove and Short Sts

(240 m 4 mins) Veer right: From the intersection, this walk heads down the path and steps, towards the water. Here the walk turns left and follows the footpath along the back of Watsons Bay Beach, between the boats and the houses. Soon the walk passes 'Doyles Restaurant' to find 'Watsons Bay Wharf'.



Middle Harbour

Sydney Harbour National Park

Outer North Head

George's Head

Sydney Harbour

Chowder Head

Bottles and Glass Point

Steele Point

Nielsen Park

Strickland House Estate

Vaucluse House

Vaucluse

Christison Park

Hopetoun Avenue

Parsley Road

Village High Road

Cambridge Avenue

Gap Park

Greener Point Park

Camp Love

Cannon

Lady Bay Beach

Gun Emplacements

Hobbit House

The Annulet

The Gap Bluff Lookout

Watsons Bay

Start

2.30

1.94

1.35

1.56

3.52

2.76

1.19

3.88

0.76

0.54

338000

339000

340000

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Summary navigation sheet for the South Head Tour



km	From	Up/Dwn	Length	Initial directions (Use full tracknotes and maps for more detail)
0.00	Watsons Bay Wharf -33.8433,151.2818 (GR Sydney Heads, 410539)	17 -2	250 m 5 mins	From Watsons Bay Wharf, this walk heads diagonally across the turning circle at the end of Military Rd and into 'Robertson Park'.
0.25	The Gap -33.8434,151.2844 (GR Sydney Heads, 413539)	23 -1	190 m 5 mins	Turn left: From The Gap, this walk heads up the hill along the path, keeping the fence and water views to your right.
0.44	The Gap Bluff Lookout -33.842,151.2849 (GR Sydney Heads, 413540)	6 -1	100 m 2 mins	Turn left: From the Gap Bluff Lookout, this walk follows the footpath away from the gap and into the heath, keeping the ocean to your right.
0.54	Old carpark Int -33.8413,151.2845 (GR Sydney Heads, 413541)	4 -15	60 m 2 mins	Optional sidetrip to Gun Emplacement Lookout. Veer right: From the intersection, this walk heads uphill along the sealed footpath, away from the face of the 'Banksia integrifolia - coast banksia' information sign.
0.54	Old car park Int -33.8413,151.2845 (GR Sydney Heads, 413541)	6 -23	220 m 5 mins	Veer left: From the intersection, this walk heads along the sealed footpath, directly away from the ocean (not in view) whilst keeping the 'Banksia integrifolia - coast banksia' information sign initially on your left.
0.76	The Armoury -33.8416,151.2827 (GR Sydney Heads, 411541)	6 -21	430 m 8 mins	Turn right: From the front of 'The Armoury', this walk follows the 'Access to South Head Heritage Trail' sign arrow, passing the palm trees and water views (to your left).
1.19	HMAS Watson entrance -33.8408,151.2811 (GR Sydney Heads, 410542)	3 -10	240 m 4 mins	Veer right: From the near the sandstone pillars at the HMAS Watson entrance, this walk follows the 'Access to Camp Cove Beach and South Head Heritage Trail' sign downhill along Cliff Street.
1.43	Camp Cove Beach -33.839,151.2796 (GR Sydney Heads, 408544)	7 -3	130 m 3 mins	Veer right: From the front of Camp Cove Beach kiosk, this walk crosses the beach (keeping the water to your left) and climbs up the timber staircase.
1.56	Cannon -33.838,151.2791 (GR Sydney Heads, 408545)	9 -12	290 m 6 mins	Continue straight: From the cannon, this walk heads up the path and steps and soon turns left to follow the old road.
1.85	Lady Bay Beach Int -33.8359,151.2794 (GR Sydney Heads, 408547)	0 -3	30 m 1 mins	Optional sidetrip to Lady Bay Beach. Turn left : From the intersection, the walk follows the 'Lady Bay Beach' sign down the steps as they wind to the sandy beach below.
1.85	Lady Bay Beach Int -33.8359,151.2794 (GR Sydney Heads, 408547)	5 -2	90 m 2 mins	Continue straight: From the intersection, this walk heads gently downhill along the main path, keeping the large fence to your right.
1.94	Lady Bay Lookout -33.8352,151.2799 (GR Sydney Heads, 408548)	5 0	60 m 1 mins	Continue straight: From Lady Bay Lookout, this walk heads up the steps and follows the timber boardwalk a short distance until coming to a four-way intersection next to the large 'South Head Heritage Trail' sign.
2.00	Circuit Intersection -33.8347,151.2802 (GR Sydney Heads, 409548)	6 -3	130 m 3 mins	Turn right: From the intersection, this walk heads uphill along the concrete path directly away from the water, initially keeping the large 'South Head Heritage Trail' sign on your left.
2.13	Gun Emplacements -33.8342,151.281 (GR Sydney Heads, 409549)	0 -7	70 m 2 mins	Continue straight: From the Gun Emplacements and 'Fortifications 1854' sign, this walk heads downhill along the path to the large red and white striped lighthouse about ?80m down the hill.
2.21	Hornby Lighthouse -33.8335,151.2809 (GR Sydney Heads, 409550)	1 -4	90 m 2 mins	Continue straight: From Hornby Lighthouse, this walk heads downhill along the footpath past the concrete gun emplacement, keeping the water views to your right.
2.30	Lightkeepers Cottage -33.8334,151.2801 (GR Sydney Heads, 409550)	27 -29	740 m 15 mins	Continue straight: From the Lightkeeper's Cottage, this walk follows the footpath, keeping the water views to your right.
3.03	Camp Cove Beach -33.839,151.2796 (GR Sydney Heads, 408544)	2 -5	230 m 4 mins	Veer right: From the northern end of Camp Cove Beach, in front of the kiosk, this walk heads along the sand (or the footpath) to the far end of the beach, keeping the water to your right.
3.26	Southern End of Camp Cove Beach -33.8405,151.2779 (GR Sydney Heads, 407542)	5 -1	50 m 1 mins	Turn right: From the southern end of Camp Cove Beach, this walk heads up the timber staircase, keeping the beach and water to your right.
3.31	Green (Laings) Point Park -33.8406,151.2775 (GR Sydney Heads, 406542)	1 -5	90 m 2 mins	Veer right: From the monument commemorating the landing of Governor Phillip in 1788, in the middle of the park, this walk heads downhill diagonally across the grassy area, keeping the water ahead and to your right.

Summary navigation sheet for the South Head Tour



km	From	Up/Dwn	Length	Initial directions (Use full tracknotes and maps for more detail)
3.40	Green (Laings) Point -33.8408,151.2768 (GR Sydney Heads, 406542)	9 -1	130 m 3 mins	Continue straight: From the 'World War II Anti-Torpedo Boom' information sign, this walk heads along the grass away from the tall sandstone monument, keeping the water on your right.
3.52	End of Pacific St -33.8408,151.2776 (GR Sydney Heads, 406542)	5 -10	360 m 7 mins	Turn right: From the end of Pacific St, this walk heads downhill along the road.
3.88	Int of Cove and Short Sts -33.8415,151.2809 (GR Sydney Heads, 409541)	1 -5	240 m 4 mins	Veer right: From the intersection, this walk heads down the path and steps, towards the water.