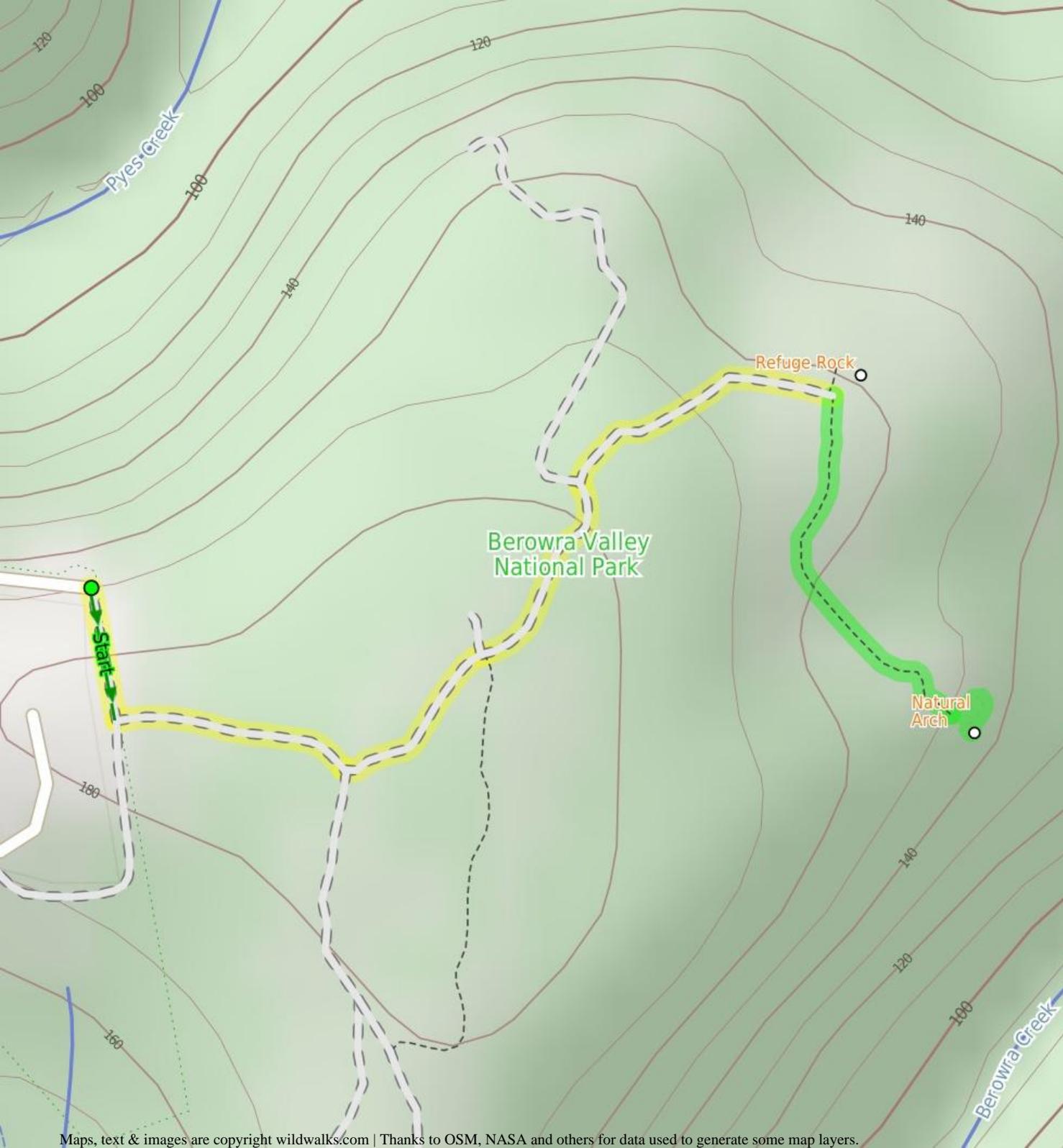


## Refuge Rock and Natural Arch



**30 mins**

**Moderate track**

3

**1.4 km Return**

**↑ 38m**

A very nice walk through a small part of the Berowra Valley Regional Park. The extensive rock platforms of Refuge Rock make a beautiful place to relax and explore. The optional side trip to see the natural rock arch is well worth it, adding some really beautiful scenery to the walk. Another great bushland walk in the midst of the suburbs.

161m

186m

### Are you ready to have fun?

Please ensure you and your group are well prepared and equipped for all possible hazards and delays. Check park closures, weather information and Fire Danger Rating before setting out. Optional side trips and alternate routes noted are not included in this walks overall grade, length or time estimate. Please allow extra time for resting and exploring areas of interest. The authors, staff and owners of wildwalks take care in preparing this information but will not accept responsibility for any inconvenience, loss or injury you may experience. Please take care, have fun - Happy Walking.

**Getting there** You can get to End of Trevors Ln (gps: -33.7083, 151.0577) by car or bus. Car: There is free parking available.

This is a return, so you will finish back at the start.

Find up to date and more information including; travel directions, weather, park closures and walker feedback at <http://wild.tl/rr>

### 0 | End of Trevors Ln

(690 m 13 mins) From the end of Trevors Ln, Cherrybrook, the walk passes the 'Berowra Valley Regional Park' sign and follows the management trail beside the houses. The walk almost immediately passes around a gate and arrives at an intersection with another management trail.

Turn left: From the intersection, the walk follows the management trail, directly away from the houses. After a short distance, the trail reaches an intersection with another management trail, signposted '92A/92B ...'.

Veer left: From the intersection, the walk follows the 'ST22/23' arrow, going gently up the hill, along the management trail. After a very short distance, the trail passes under some high voltage powerlines and immediately reaches an intersection with a bush track, to the right, and management trail, to the left.

Continue straight: From the intersection, the walk follows the management trail away from the high voltage powerlines, leaving the visible tower to the left. The trail descends gently, through pleasant forest (ignoring an unmarked bush track to the right) and reaches an intersection with another management trail, signposted '92A 92B/16'.

Veer right: From the intersection, the walk follows the level management trail, leaving the '92A 92B/16' signpost behind on the left. After a short distance, the trail passes a clearing, to the left, and descends for a while before arriving at a large, flat rock outcrop, the western edge of 'Refuge Rock'.

### 0.69 | Refuge Rock

Refuge Rock is a large area of rock outcrops and platforms, at

the end of the Refuge Rock walk near Cherrybrook. This area has a great atmosphere and is a nice spot to explore or relax, close to the suburbs, but feeling a million miles from it. The various rock platforms extend for hundreds of metres in all directions. At the far south-east edge of Refuge Rock is a natural arch, known as 'London Bridge'. Refuge Rock was used as a target area during military training around WWII. There are a number of visible marks in the rock surface from mortar shells. [More info.](#)

### 0.69 | Optional sidetrip to Natural Arch

(300 m 6 mins) Turn right: From the western edge of Refuge Rock (where the management trail arrives), the walk heads south, across the rock outcrop toward a well defined bush track. Some parts of this section are a little difficult to follow as the track becomes faint in places. The walk then follows the bush track as it crosses another large rock outcrop (becoming faint at times) and bends to the left just before the end of the outcrop. The track is more distinct again here as it winds down through a gully, ignoring a bush track to the right, to climb over a rounded ridge of rock. The track continues a little further before reaching an intersection at the top of a small cliff line.

Veer left: From the intersection, the walk drops into the first of two very prominent slots in the rock platform to the north-east (beside a banksia tree). The walk follows this slot to the edge of the rock platform then bends around to the right to enter the next slot (closer to the cliff line). The walk drops through this very narrow slot to emerge at the base of the very cool natural arch. At the end of this side trip, retrace your steps back to the main walk then Continue straight.

### 0.69 | Natural Arch

This natural arch, known locally as 'London Bridge' is at the south-eastern edge of Refuge Rock, near Cherrybrook. The arch is formed below a long, narrow block of rock at the edge of a larger rock platform. To see the arch, you walk down through the narrow chasms separating the block from the rock platform, to emerge underneath the arch. The arch itself, and the area around it is beautiful. [More info.](#)

