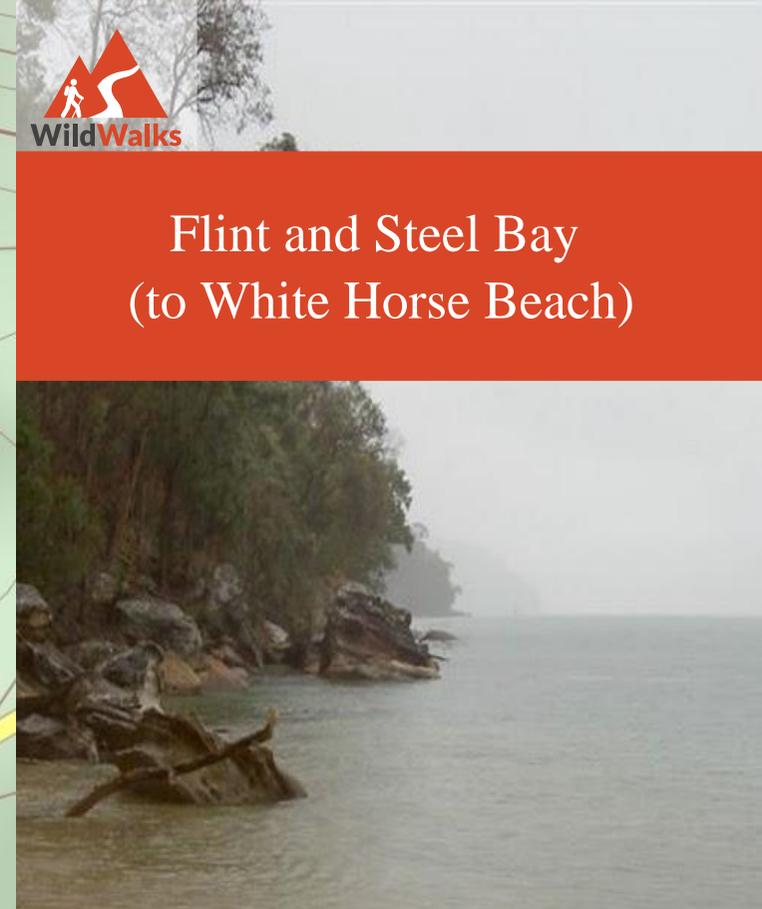
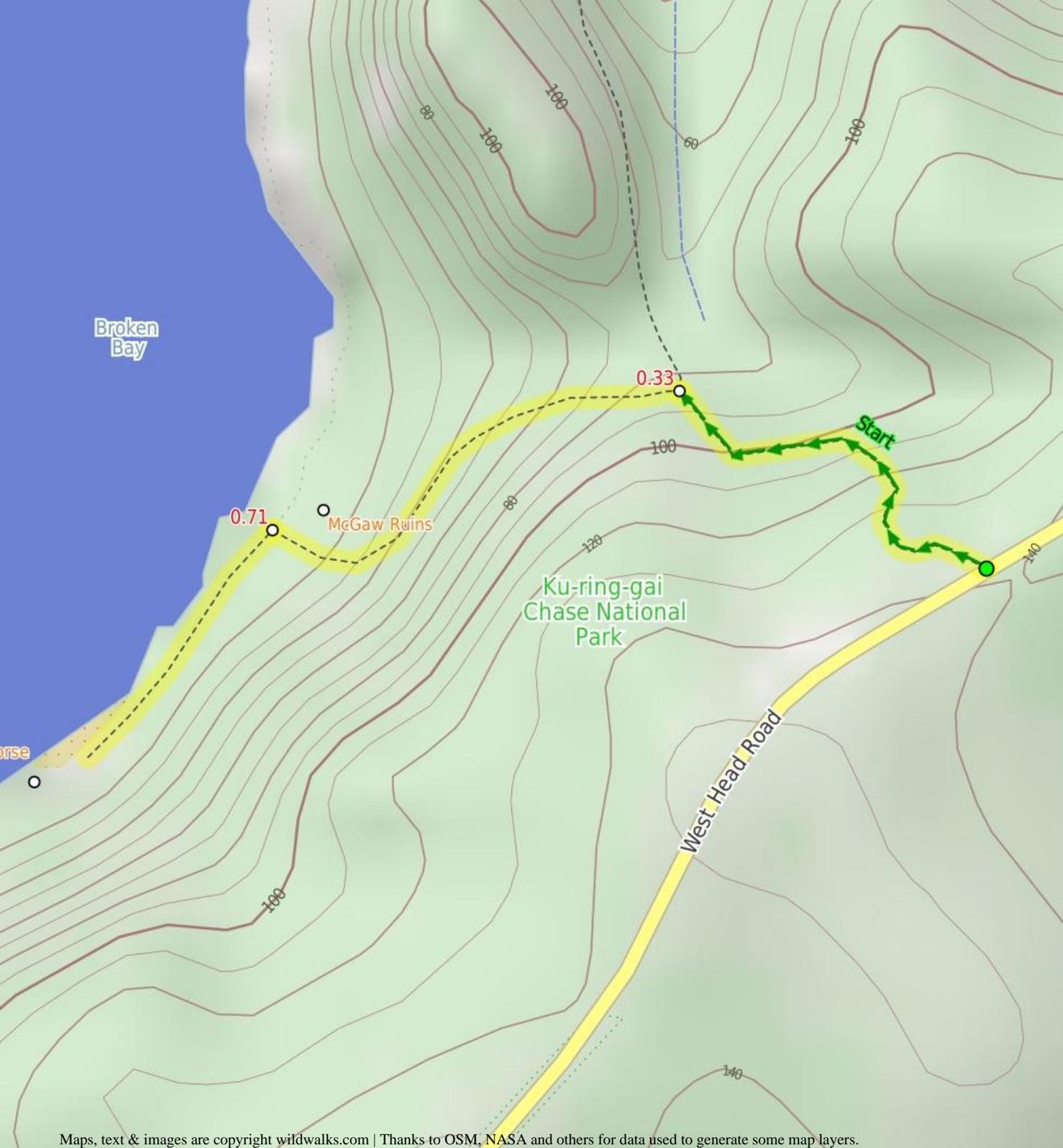


Flint and Steel Bay (to White Horse Beach)



1 Hr

1.9 km Return

Hard track

159m



This is a nice walk to White Horse Beach on Flint and Steel Bay. The return-style walk passes McGaw's ruins and the old water catchment. From White Horse Beach, there are scenic views across the Hawkesbury River. The ruins are a nice addition to the walk - although overgrown, they add a touch of recent history to the walk.

140m

2m

Ku-ring-gai Chase National Park

Are you ready to have fun?

Please ensure you and your group are well prepared and equipped for all possible hazards and delays. Check park closures, weather information and Fire Danger Rating before setting out. Optional side trips and alternate routes noted are not included in this walks overall grade, length or time estimate. Please allow extra time for resting and exploring areas of interest. The authors, staff and owners of wildwalks take care in preparing this information but will not accept responsibility for any inconvenience, loss or injury you may experience. Please take care, have fun - Happy Walking.

Getting there Traveling by car is the only practical way to get to Flint and Steel carpark (gps: -33.5789, 151.2888). Car: A park entry fee is required for driving into the park.

This is a return, so you will finish back at the start.

Find up to date and more information including; travel directions, weather, park closures and walker feedback at <http://wild.tl/fasbwhb>

0 | Flint and Steel carpark

(330 m 8 mins) From the back of the car park, the walk follows the 'Flint and Steel Track' sign along the bush track heading down through the bush. The walk drops down some stairs and turns right at the old 'Ku-ring-gai Chase National Park' sign, then left down the side of the hill. After about 100m, the walk continues down a set of stairs and then down the bush track to the signposted intersection.

0.33 | Signpost at Saddle

(370 m 14 mins) Veer left: From the intersection, this walk follows the 'Flint and Steel Bay' signpost along the defined bush track. The walk passes a water collection cave on the left, and continues down the valley to the McGaw Ruins.

0.71 | McGaw Ruins

The McGaw ruins are situated north-west of White Horse Beach, on West Head in Ku-ring-gai Chase National Park. The property was originally owned by John Miller, who also owned large areas of West Head. The property was sold to Mr Eardley McGaw in 1928, on the condition that he built a house there. Mr McGaw built a two-storied house with several other smaller buildings, including a wharf. Mr McGaw and his wife lived there until he became ill, when they moved to Narrabeen and NSW National Parks took over management of the land. The house and other buildings were lost during a 1971 bushfire, leaving the sandstone foundations and ruins to be grown over with vegetation.

0.71 | McGaw Ruins

(220 m 5 mins) Turn left: Keeping the Hawkesbury River to

the left of the track, this walk follows the waterline away from the beach and along the shore for a short while before coming to the unsignposted McGaw ruins.

0.93 | White Horse Beach

White Horse Beach, Ku-ring-gai Chase National Park, is a 30m stretch of sand sitting on the coast of Flint and Steel Bay between rocky boulders. The beach, backed by a steep hill, provides north-westerly views over the Hawkesbury from Patonga, Broken Bay Sport and Recreation Centre and up the river towards Brooklyn.

