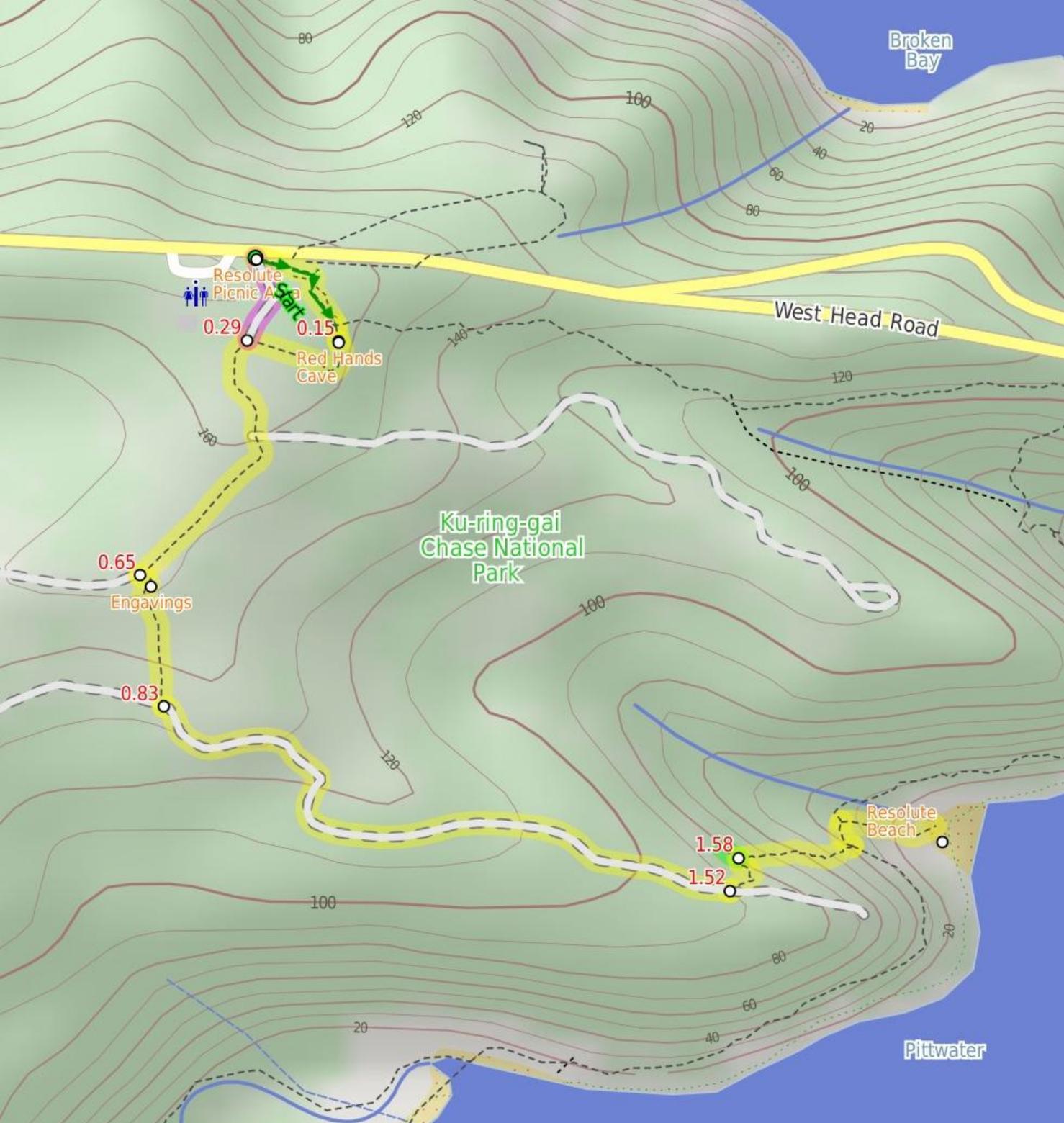


Resolute Track



1 hr 30 mins

Hard track



3.7 km Return

↑ 201m

The Resolute Track, Ku-ring-gai Chase National Park, is a great way to see two major Aboriginal sites and Resolute Beach. The return-style walk starts from Resolute picnic area and heads down to Resolute Beach, passing a Red Hands Cave and an Aboriginal engraving site. The Resolute Track uses management trails and bush tracks which have views over the sea as they pass through heath, rainforest and bushland.

168m

7m

Ku-ring-gai Chase National Park

Are you ready to have fun?

Please ensure you and your group are well prepared and equipped for all possible hazards and delays. Check park closures, weather information and Fire Danger Rating before setting out. Optional side trips and alternate routes noted are not included in this walks overall grade, length or time estimate. Please allow extra time for resting and exploring areas of interest. The authors, staff and owners of wildwalks take care in preparing this information but will not accept responsibility for any inconvenience, loss or injury you may experience. Please take care, have fun - Happy Walking.

Getting there Traveling by car is the only practical way to get to Resolute Picnic Area (gps: -33.5779, 151.3001). Car: A park entry fee is required for driving into the park.

This is a return, so you will finish back at the start.

Find up to date and more information including; travel directions, weather, park closures and walker feedback at <http://wild.tl/rt>

0 | Resolute Picnic Area

Resolute picnic area, Ku-ring-gai Chase National Park, is a large grassed area with benches, shelter, interpretive signs, electric BBQ's and an environmentally-friendly toilet block. The picnic area does not have drinking water, but does have a pay phone and wheelchair-accessible bathroom with baby-changing area. Resolute picnic area is a great place for lunch, with Red Hands Cave, West Head and Resolute Beach and West Head Lookout tracks starting from the picnic area. The picnic area has adequate parking and a bus turn-around area.

0 | Resolute Picnic Area

(130 m 3 mins) From Resolute Picnic Area car park, the walk heads through the picnic area, away from the road, to follow the 'Red Hands Track 50m' sign. The walk then descends a flight of stairs to the intersection at the bottom.

0.13 | Alternate Route Resolute Picnic Area to Int. West

(120 m 2 mins) Continue straight: From Resolute Picnic Area, this walk follow the signs for 'Red Hands Cave' away from the picnic area. The track heads down the sandy service trail for approximately 100m to the intersection marked by the sign on the left. Now Continue straight to rejoin the main walk .

0.13 | Int. West Head Lookout Trk and Red Hands Cave Trk

(20 m) Continue straight: From the intersection, the walk heads down the hill, following the rocky outcrop to the right of the track. The walk follows this for approximately 30m to the interpretation signs for Red Hands Cave.

0.15 | Red Hands Cave

Red Hands Cave, Ku-ring-gai Chase National Park, is a small rock overhang just near Resolute Picnic Area. The red hands are

made by ochre, clay, being blown over an outspread hand. This Aboriginal rock art has been given an estimation of approximately 2000 years in age.

0.15 | Red Hands Cave

(130 m 2 mins) Continue straight: From Red Hands Cave, this walk heads along the bottom of the rocky outcrop, keeping it to the right of the track. The walk then ascends some stairs, passing up and around the rock shelf. After this, the track turns left as it continues, climbing slightly to the signposted intersection with the service trail.

0.29 | Int. West Head Trk and Red Hands Cave Trk

(360 m 6 mins) Turn left: From the intersection, this walk heads down the hill for a short time, to the information sign on the left of the track.

0.65 | Engravings

The engravings on West Head were made by the indigenous Guringai people. The engravings depict a man, shark/whale and two eels.

0.65 | Engravings

(190 m 4 mins) Turn left : From the engraving of the man, this walk heads off the rock shelf near a vegetation-covered sign indicating the 'Headland Track'. The track winds through dense scrub for about 200m to the intersection with the management trail, the Headland Track.

0.83 | Int. Headland Track and Engravings Bushtrack

(680 m 14 mins) Veer left: From the intersection, this walk heads down the hill towards the water for some time. After a few turns in the service trail, the track winds down a steep slope for approximately 300m to the intersection, where there is a sign indicating the way to 'Resolute Beach'.

1.52 | Int. Headland Track and Resolute Beach Trk

(60 m 2 mins) Veer left: From the intersection, this walk heads down a flight of stairs following the sign to 'Resolute Beach'. The walk then turns left down more steps to head below a small cliffline, and comes to a sign at an intersection with a track on the left (which heads down to a cave).

1.58 | Optional sidetrip to Cave

(20 m 1 mins) Veer left: From the intersection, this walk heads towards the rock formations, following the hillside. The track then enters an overhang of a cave. At the end of this side trip, retrace your steps back to the main walk then Veer left.

1.58 | Int. Cave Trk and Resolute Beach Trk

(260 m 8 mins) Turn right: From the intersection, this walk heads down the hill for approximately 50m towards the sea. The track then heads down a flight of stairs and continues down another

staircase to the intersection, marked 'Mackerel' and 'Resolute' beaches.

Turn left : From the intersection, this walk follows the 'Resolute' Beach arrow along the hillside to an un-signposted intersection.

Turn right: From the intersection, this walk heads down the hill towards the water, following the creek line to the beach. The track winds down the hill for approximately 30m to a small creek waterfall. The track is hidden in parts by grasses for approximately 20m before it heads down a few flights of stairs to where the track reaches the beach.

1.83 | Resolute Beach

Resolute Beach, Ku-ring-gai Chase National Park, is a small stretch of sand sitting on the West Head Peninsula between steep headlands. The easterly aspect of the beach overlooks Barrenjoey Headland across the Pittwater.