This walk is a great one from Chatswood Station to the Lane Cove River National Park. The walk descends through the vegetated bushland which fills the valleys of the Lane Cove River. There are two places to buy a bite to eat, the Chatswood Golf Club and the Lane Cove River Steak and Seafood Restaurant.
Chatswood Golf Course
The newly renovated deck at Chatswood Golf Course makes it a great place to take a breather on your walk. The club offers snacks and meals with a $12 all day breakfast on offer. Prices are reasonable, ranging from $5-20, with a good variety on offer. Chatswood Golf Course is open seven days for meals. More info.

Riverside Cafe Bar & Grill
The Riverside Cafe is found at the end of service road on the south-west corner of Fullers Bridge. The nicely renovated building looks over the Lane Cove River and is open 7 days, serving breakfast, lunch and dinner. The food is cafe-style and meals are priced upwards from $13. Ph: (02) 9412 3773.

Before You walk
Bushwalking is fun and a wonderful way to enjoy our natural places. Sometimes things go bad, with a bit of planning you can increase your chance of having an enjoyable and safer walk.
Before setting off on your walk check
1) Weather Forecast (BOM Metropolitan District)
2) Fire Dangers (Greater Sydney Region, unknown)
3) Park Alerts ()
4) Research the walk to check your party has the skills, fitness and equipment required
5) Agree to stay as a group and not leave anyone to walk solo

Think before you TREK
The 'Think before you TREK' program developed by NSW Police & NPWS promotes the benefits of planning ahead for your bushwalking trip by using an easy to remember acronym:

T - Take adequate supplies of food, water, navigation and first aid equipment.
R - Register your planned route and tell friends and family when you expect to return.
E - Emergency beacon (PLB’s) should be carried on walks with significant gaps in mobile coverage (check terrain profile).
K - Keep to your planned route and follow the map and walking trails.

Topo Maps
The maps provided on wildwalks are helpful, but there are times where you may need maps covering a broader area. Maps that cover this walk include:
1:25 000 Map Series: 91303N PARRAMATTA RIVER
1:100 000 Map Series: 9130 SYDNEY

Grade
This walk has been graded using the AS 2156.1-2001. The overall grade of the walk is determined by the highest classification along the whole track.

| Grade 4/6 |
| Hard track |
| Length | 7.5 km Circuit |
| Time | 3 hrs |
| Quality of track | Formed track, with some branches and other obstacles (3/6) |
| Signs | Directional signs along the way (3/6) |
| Experience Required | No experience required (1/6) |
| Weather | Weather generally has little impact on safety (1/6) |
| Infrastructure | Limited facilities, not all cliffs are fenced (3/6) |
0 | Chatswood Station
(210 m 3 mins) From Chatswood Train Station, this walk exits the station
Continue straight: From the intersection, the walk heads
turn right: From the intersection, this walk follows the 'Rail to River Walk' sign
turn left: From the intersection, the walk heads up the hill tending right, to a
8th tee of the golf course.
Veer left: From the intersection, the walk heads up the hill tending right, to a
set of stairs which it climbs up to Reid Drive, opposite No. 17.
Turn right: From the intersection, this walk heads up the road above Chatswood Golf Course (below on the right). The walk follows the O.H. Reid Memorial Oval sign along the road for approximately 200m to the oval, car park and picnic area with play equipment.
4.04 | O.H. Reid Memorial Oval car park
(740 m 15 mins) Continue straight: From the car park, this walk heads past
the metal gate and across the oval to the far side of the oval, where a track
marker stands just off the oval.
Continue straight: From the intersection, the walk heads up the stairs, winding around and through rocky outcrops to a fence line. The track follows the fence line up to the road, where a sign is bolted to the telegraph pole, indicating 'Rail to River Walk'.
Turn left : From the intersection, this walk heads up the road following the 'Rail to River Walk' sign
Turn right: From the intersection, this walk follows the 'Rail to River Walk' sign up Bellevue Ave for approximately 500m to the signedpost intersection with Fullers Rd.
4.78 | Int. Fullers Rd and Bellevue Ave
(1.3 km 26 mins) Turn right: From the intersection, this walk heads up Fullers Rd, tending right where Fullers Rd meets Millwood Ave. The walk follows Fullers Rd for a short time to Lowanna Park on the right. Entry to the park is via a gate at the near-end of the park.
Turn right: From the Fullers Rd gate entry of Lowanna Park, this walk passes through the park diagonally, past the BBQs and play equipment, to the gate opening to Greville St. There is a 'Rail to River Walk' signpost outside the gate.
Turn right: From the gate, this walk heads down the hill, away from Fullers Rd. The track heads down the hill for approximately 200m to cross the road to the Harnett Pl sign, opposite No. 86.
Veer left: From court fence to you, this walk heads down the stairs, coming to a house. From the house on the right, the track zigzags down the hill through mossy rock outcrops to the signedpost intersection above a creek and pipe.
Turn left: From the intersection, the walk heads down the steps and across the creek (which remains on your right) for approximately 60m to a signedpost intersection.
Turn right: From the intersection, the walk follows the bush track across the creek. The track then turns left, up the hill, and reaches a sign posted intersection.
Turn left: From the intersection, the walk follows the Darynple Ave arrow along the bush track. The track soon turns left, at a junction, to head to a sign posted creek crossing. Very soon after crossing the creek, the track comes to a sign posted intersection.
Turn right: From the intersection, this walk heads up the hill to follow the
creek (below on the right). The track meanders along the creek bank for
a little while, coming to a large stand of bamboo on the left. The track then
decsends down to follow the creek more closely, soon crossing the creek and
climbing up the bank to a signedpost intersection in front of a house.
6.07 | Int. Ferndale Trk and Beresford Lane Trk
(1.4 km 27 mins) Continue straight: From the intersection, this walk heads up the
laneway behind the house. The path follows the blue markers for a short
time to come to Beresford Ave, opposite Wallace Park Reserve.
Turn sharp left: From the intersection, this walk heads up Lone Pine Ave to turn right onto Eddy Rd. The walk continues up to the end of the road, then turns left onto Pacific Highway. The walk passes the primary school and oval, passing on the footpath crossing opposite Victoria Ave.

Getting there
You can get to Chatswood Station (gps: -33.7971, 151.1804) on the left. This walk continues up the stairs to the intersection with the road.
Veer right: From the intersection, this walk heads along the creek (which remains on your right) for approximately 60m to a signedpost intersection.
Continue straight: From the intersection, the walk heads up the hill, passing the gate, which remains on your right.
Veer left: From the intersection, the walk heads across the oval to the car park to the left of the toilet block.
Turn left: From the intersection, the walk heads down the steps and along the creek. The track then turns left, at a junction, to head to a sign posted creek crossing. Very soon after crossing the creek, the track comes to a sign posted intersection.
Turn right: From the intersection, this walk follows the Darynple Ave arrow along the bush track. The track soon turns left, at a junction, to head to a sign posted creek crossing. Very soon after crossing the creek, the track comes to a sign posted intersection.
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Are you ready to have fun?!
Please ensure you and your group are well prepared and equipped for all possible hazards and delays. Check park closures, weather information and Fire Danger Rating before setting out. Optional side trips and alternate routes noted and marked on the map. Enjoy your walk.
Getting there
You can get to Chatswood Station (gps: -33.7971, 151.1804) by car, train or bus. Car: There is free parking available.
This is a circuit, so you will finish back at the start.
Find up to date and more information including travel directions, weather, park closures and walker feedback at http://wild.tl/trrw

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laneway behind the house. The path follows the blue markers for a short
time to come to Beresford Ave, opposite Wallace Park Reserve.
Turn sharp left: From the intersection, this walk heads up Lone Pine Ave to turn right onto Eddy Rd. The walk continues up to the end of the road, then turns left onto Pacific Highway. The walk passes the primary school and oval, passing on the footpath crossing opposite Victoria Ave.
Turn right: From the intersection, this walk crosses at pedestrian crossing on Pacific Highway, or takes the foot bridge just near the intersection. This walk then continues down Victoria Ave to the entrance of the train station on the right. If the road turns left, you have gone too far.
Summary navigation sheet for the Rail to River Walk

<table>
<thead>
<tr>
<th>km</th>
<th>From</th>
<th>Up/Dwn</th>
<th>Length</th>
<th>Initial directions (Use full tracknotes and maps for more detail)</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Start Chatswood Station</td>
<td>7</td>
<td>210 m</td>
<td>From Chatswood Train Station, this walk exits the station onto Victoria Ave.</td>
</tr>
<tr>
<td>0.21</td>
<td>Int. Victoria Ave and Pacific Highway</td>
<td>2</td>
<td>410 m</td>
<td>Turn right: From the intersection, this walk heads north up the Pacific Highway, to turn left onto Western Way.</td>
</tr>
<tr>
<td>0.62</td>
<td>Int. Edgar St and Edgar St Reserve Trk</td>
<td>1</td>
<td>340 m</td>
<td>Turn left: From the intersection, the walk passes the gate, then the playground on the right, and continues through the clearing.</td>
</tr>
<tr>
<td>0.96</td>
<td>Int. Park Ave and Edgar St Reserve Trk</td>
<td>0</td>
<td>30 m</td>
<td>Turn left: From the intersection, this walk follows the 'Rail to River Walk' sign down the road for approximately 30m to the next signpost.</td>
</tr>
<tr>
<td>0.99</td>
<td>Int. Park Ave and Rail to River Trk</td>
<td>22</td>
<td>500 m</td>
<td>Turn right: From the intersection, the walk follows the 'Rail to River Walk' signpost past the 'Ferndale Park' sign, down the management trail.</td>
</tr>
<tr>
<td>1.49</td>
<td>Harnett Pl sign post</td>
<td>22</td>
<td>1 km</td>
<td>Veer right: From the intersection, this walk crosses the road and heads right, up the hill.</td>
</tr>
<tr>
<td>2.51</td>
<td>Int. Hawthorne Ave and Bellevue Ave</td>
<td>0</td>
<td>50 m</td>
<td>Turn left: From the intersection, this walk follows the 'Rail to River Walk' sign down the hill for approximately 30m to the telegraph pole with 'Rail to River Walk' sign.</td>
</tr>
<tr>
<td>2.56</td>
<td>Int. Rail to River Trk and Hawthorne Ave</td>
<td>0</td>
<td>70 m</td>
<td>Turn right: From the intersection, the walk follows the 'Rail to River Walk' sign down the hill between the fences.</td>
</tr>
<tr>
<td>2.64</td>
<td>Eastern side of O.H. Reid Memorial Oval</td>
<td>0</td>
<td>130 m</td>
<td>Continue straight: From the intersection, the walk heads across the oval to the car park to the left of the toilet block.</td>
</tr>
<tr>
<td>2.77</td>
<td>O.H. Reid Memorial Oval car park</td>
<td>6</td>
<td>380 m</td>
<td>Continue straight: From the O.H.</td>
</tr>
<tr>
<td>3.15</td>
<td>Int. Rail to River Trk and Reid Drive</td>
<td>0</td>
<td>60 m</td>
<td>Turn left: From the intersection opposite No.</td>
</tr>
<tr>
<td>3.21</td>
<td>Int. Behind the 8th Tee</td>
<td>3</td>
<td>200 m</td>
<td>Veer right: From the intersection, this walk heads away from the golf course, following the Lane Cove River (on the left of the track).</td>
</tr>
<tr>
<td>3.41</td>
<td>Int. Fairway and Delhi Rd</td>
<td>19</td>
<td>640 m</td>
<td>Turn around: From the intersection, this walk heads down to the Lane Cove River, on the right.</td>
</tr>
<tr>
<td>4.04</td>
<td>O.H. Reid Memorial Oval car park</td>
<td>49</td>
<td>740 m</td>
<td>Continue straight: From the car park, this walk heads past the metal gate and across the oval to the far side of the oval, where a track marker stands just off the oval.</td>
</tr>
<tr>
<td>4.78</td>
<td>Int. Fullers Rd and Bellevue Ave</td>
<td>37</td>
<td>1.3 km</td>
<td>Turn right: From the intersection, this walk heads up Fullers Rd, tending right where Fullers Rd meets Millwood Ave.</td>
</tr>
<tr>
<td>6.07</td>
<td>Int. Ferndale Trk and Beresford Lane Trk</td>
<td>54</td>
<td>1.4 km</td>
<td>Continue straight: From the intersection, this walk heads up the laneway behind the houses.</td>
</tr>
</tbody>
</table>