



Glenbrook to Red Hands Cave (via Jellybean Pool)



2 hrs

Hard track

4.4 km One way

↑ 259m

4

This walk takes you across Glenbrook Gorge and up Campfire Creek to Red Hands Cave. The walk is quite serene and you can enjoy some peace as you wander along the trail to the art in Red Hands Cave. The side trip to the grinding grooves is worthwhile to complement the cave art.

206m

60m

Blue Mountains National Park

Are you ready to have fun?

Please ensure you and your group are well prepared and equipped for all possible hazards and delays. Check park closures, weather information and Fire Danger Rating before setting out. Optional side trips and alternate routes noted are not included in this walks overall grade, length or time estimate. Please allow extra time for resting and exploring areas of interest. The authors, staff and owners of wildwalks take care in preparing this information but will not accept responsibility for any inconvenience, loss or injury you may experience. Please take care, have fun - Happy Walking.

Getting there You can get to Glenbrook Information Centre car park (gps: -33.7782, 150.6207) by car or bus. Car: There is free parking available.

Traveling by car is the only practical way to get back from Red Hands Cave car park (gps: -33.7834, 150.5903). Car: A park entry fee is required for driving into the park.

Find up to date and more information including; travel directions, weather, park closures and walker feedback at <http://wild.tl/rhcvjp>

0 | NPWS Glenbrook Information Centre

The NPWS information centre and car park are found just before the 'toll both' on Bruce Road. You will find tap water, toilets, garbage bins and information signs about the region. A great spot to chat to staff and get updates on the conditions in the park.

0 | Glenbrook Information Centre car park

(500 m 13 mins) From the bottom of the car park in front at the visitor information centre, the walk follows the direction of the 'Jellybean Pool' sign down the hill. The path leads down the hill passing two benches (on the right) and then descends track (and steps) into the bush. The track winds down the hill for a while, crossing a road two times on the way. The walk comes to the road a third time, just before the end of the sealed section, at a large gravel clearing (Jelly Bean Pool car park). The walk continues down the car park to the bins at the bottom, near a 'Jelly Bean Pool' sign.

Continue straight: From the bins at the bottom of Jellybean Pool car park, the walk heads down the hill to the 'Jellybean Pool' sign next to the stairs. The walk heads down the stairs and soon turns right, under the rocks. The track then leads below the rocks and turns left, down the metal stairs to the rock platform above Jellybean Pool.

0.5 | Jellybean Pool

Jellybean Pool is a large pool in Glenbrook Creek, just south of the weir. The pool has a few sandy beaches, rock platforms and is surrounded by cliffs. Jumping and diving is not a good idea, and is not permitted. This is a popular spot for locals to swim. Swimming can be dangerous - the creek is especially dangerous after rain. Check with rangers before heading in.

0.5 | Jelly Bean Pool

(320 m 6 mins) Turn right: From the bottom of the metal stairs, the walk follows the edge of the creek upstream keeping the water (This creek does become impassable after heavy or prolonged rain). The track is not very obvious but this section of the walk winds over and around boulders beside the main creek until coming to a paved area

just before the Bruce Road causeway. The walk heads through the paved area to Bruce Road, with the causeway and creek still on the left.

0.82 | Eastern side of Causeway

(10 m) Turn left: From the paved area side of the causeway, the walk crosses the creek via the causeway, then heads to the area beneath the 'Camp Fire Creek Track' sign. The causeway may be impassable after rain.

0.83 | Glenbrook causeway

Glenbrook causeway is the only way for vehicles to cross Glenbrook Creek. It is a concrete road, with a raised gutter for pedestrians to cross the creek. The causeway is subject to flooding. Glenbrook causeway is a crossing point for many of the popular walks throughout the Glenbrook Valley area.

0.83 | Campfire Creek sign side of Causeway

(2 km 42 mins) Turn right: From the causeway, the walk follows the 'Camp Fire Creek Track' sign along the water's edge to the signposts for 'Red Hands Cave' and 'Car park'.

Continue straight: From the intersection, the walk follows the 'Red Hands Cave' sign, keeping the creek to the right. The track winds and undulates, soon coming to a rock platform which crosses a creek (with the gully on the left). Here, the walk continues along the lower track, not heading up the rock steps. The track continues along the hillside and comes to a sign titled 'Neighbours'.

Continue straight: From the intersection, the walk heads across the small bridge and up the track. The walk soon passes over another small wooden bridge and then continues through the bush, with the creek on the right. Winding for a short time, the track comes to an un-signposted intersection.

Turn left: From the intersection, the walk heads up the hill, winding above the creek (on the right). The track follows the hillside for quite some time, passing near the creek in places, before coming to a 'Glenbrook Causeway' sign.

2.82 | Optional sidetrip to Axe Grinding Grooves

(410 m 7 mins) Turn left: From the intersection, the walk follows the 'To Link Track' sign, which leads the track above the creek (keeping the creek below on the right). The track continues undulating above the creek for some time before passing a sign (with information about the grinding grooves), and almost immediately arrives at a rocky creek junction. At the end of this side trip, retrace your steps back to the main walk then Turn left.

2.82 | Axe Grinding Grooves

These well-defined axe grinding grooves are found on the sandstone bed of Camp Fire Creek. The grooves were formed by Aboriginal people when sharpening axes (or forming axe blanks). Rubbing the axe blanks would sharpen the stone into a more useful tool, and the process would also wear the sandstone, leaving these markings. These sites are typically found near water, as the water was added to make the stone more abrasive. Sites like this will fade in time due to erosion of the sandstone - please help them last as long as possible by not walking on, or close to the grooves. [More info.](#)

2.82 | To Link Track sign intersection

(1.1 km 30 mins) Continue straight: From the intersection, the walk follows the 'Red Hands Cave' sign down across the creek. The track leads over a small rise across another smaller creek, then follows the hillside for a short while, passing a bench seat and then a small log bridge. The track then starts tending left, heading up to a rocky outcrop where the walk arrives at the metal verandah of Red Hands Cave.

3.9 | Red Hands Cave

Red Hands Cave, in the Glenbrook area of the Blue Mountains National Park, is found near the end of Red Hands Cave fire trail. The cave has quite a few hand stencils and prints of various colours (including red). The cave is well protected, with a perspex and steel cage. There are some information signs and some artifacts to help visitors learn more about the people who made these prints over 1600 years ago. In 1913, when searching for a lost child, this cave was found by Europeans and is now protected.

3.9 | Red Hands Cave

(500 m 12 mins) Continue straight: From Red Hands Cave, the walk heads up the stairs, winding to be above Red Hands Cave. The track then continues across the rocky surface, slowly climbing through the bush and leading away from the rock outcrop. The track winds through a few rocky outcrops, tending right, before coming to a car park and 'Red Hands Cave' sign (pointing back to the cave).

4.4 | Red Hands Cave Picnic Area

Red Hands Cave Picnic Area is found at the end of the Red Hands Cave Fire Trail in the Glenbrook area of the Blue Mountains National Park. The small picnic area is next to the car park and has a couple of platforms (to act as both a table and seat) as well as a fire place and toilet. The toilet itself is wheelchair accessible, but access to the toilet is over moderately rough terrain. A good spot to rest when exploring Red Hands Cave.