



The Aboriginal Heritage Track takes in one of the most popular rock art sites in Ku-ring-gai National Park, and an amazing Aboriginal engraving site. The walk leads out from Resolute Picnic Area to pass by the caves and then continues down the management trail to the engravings. The walk then returns to the picnic area. It is a great way to see historic Aboriginal art in the Sydney region.

Ku-ring-gai Chase National Park

**Length:** 1.1 km  
**Time:** 45 mins  
**Climb:** 27 m  
**Style:** Circuit  
**Rating:** Track: Moderate  
**Where:** 13.3 km NNE of Terrey Hills  
**Transport:** car



Visit [www.wildwalks.com](http://www.wildwalks.com) for more info



*Side trips and Alternate routes mentioned in these notes are not included in the tracks overall rating, distance or time estimate. The notes only describe the side trips and Alternate routes in one direction. Allow extra time for resting and exploring areas of interest. Please ensure you and your group are well prepared and equipped for all possible hazards and delays. The authors, staff and owners of wildwalks take care in preparing these notes but will not accept responsibility for any inconvenience, loss or injury sustained by using these notes or maps. Please take care and share your experience through the website. GPS for start and end of this walk: -33.5779,151.3001*



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**Resolute Picnic Area to Red Hands Cave** 0.2km 3 mins

(From S) From Resolute Picnic Area car park, the walk heads through the picnic area, away from the road, to follow the 'Red Hands Track 50m' sign. The walk then descends a flight of stairs to the intersection at the bottom.

Continue straight: From the intersection, the walk heads down the hill, following the rocky outcrop to the right of the track. The walk follows this for approximately 30m to the interpretation signs for Red Hands Cave.



### Red Hands Cave

Red Hands Cave, Ku-ring-gai Chase National Park, is a small rock overhang just near Resolute Picnic Area. The red hands are made by ochre, clay, being blown over an outspread hand. This Aboriginal rock art has been given an estimation of approximately 2000 years in age.



**Red Hands Cave to Int. West Head Trk and Red Hands Cave Trk** 0.1km 2 mins

(From 0.15 km) Continue straight: From Red Hands Cave, this walk heads along the bottom of the rocky outcrop, keeping it to the right of the track. The walk then ascends some stairs, passing up and around the rock shelf. After this, the track turns left as it continues, climbing slightly to the signposted intersection with the service trail.



**Int. West Head Trk and Red Hands Cave Trk to Engravings** 0.4km 5 mins

(From 0.29 km) Turn left: From the intersection, this walk heads down the hill for a short time, to the information sign on the left of the track.

### Engravings

The engravings on West Head were made by the indigenous Guringai people. The engravings depict a man, shark/whale and two eels.



**Engravings to Resolute Picnic Area** 0.5km 5 mins

(From 0.65 km) Turn around: From the engravings, this walk follows the service trail up a hill, away from the information sign. The walk continues up the hill to the intersection with a signpost for Red Hands Cave.

Continue straight: From the intersection, this walk heads up the sandy service trail, leaving the 'Red Hands Cave 0.85km' sign and track behind on the right. The track continues for approximately 100m to the picnic area.



AN EXTRA 1/2 SIZE

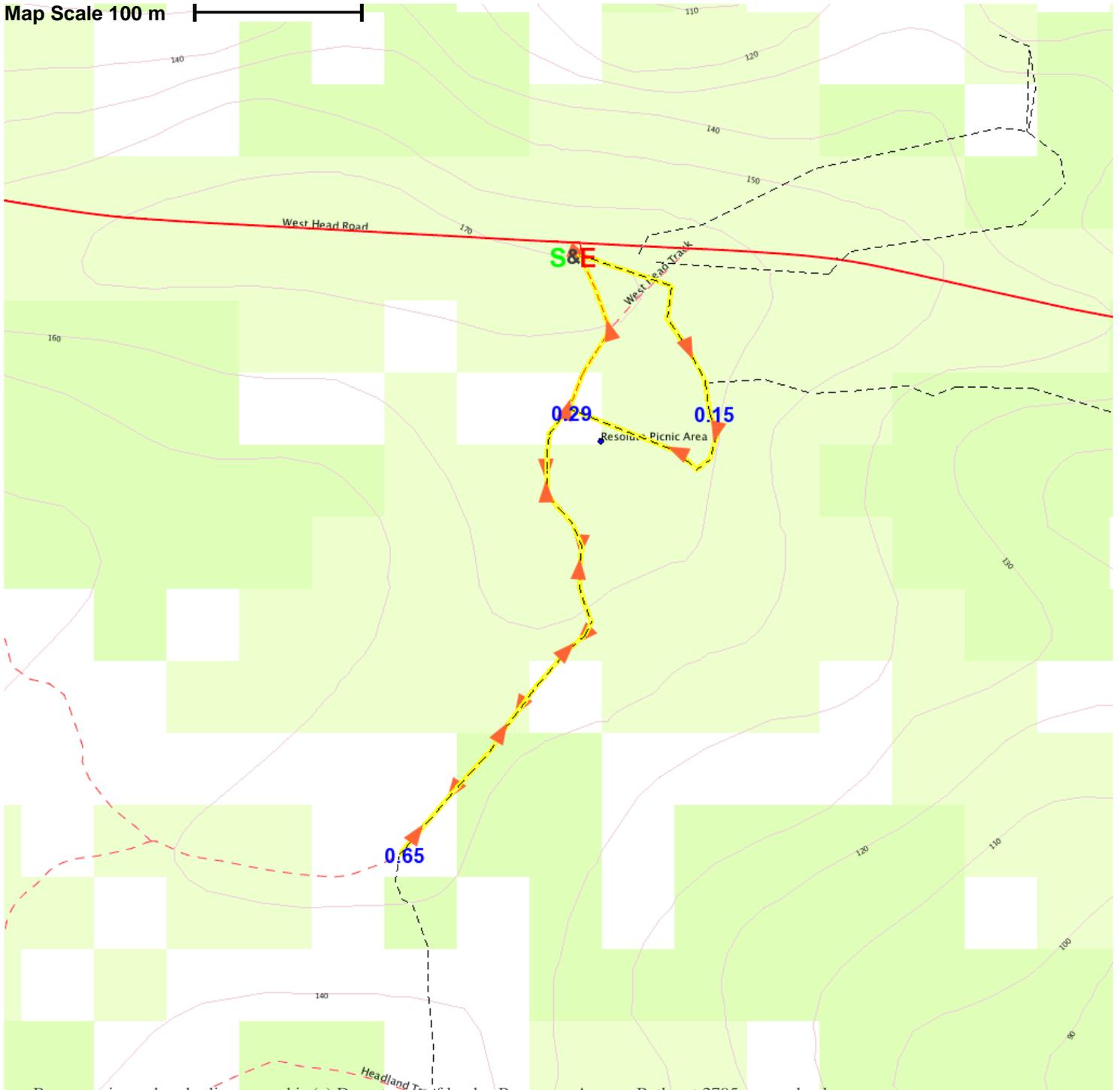
THE DIFFERENCE BETWEEN  
A GOOD EXPERIENCE  
AND A BAD ONE



EXPERIENCE  
IS EVERYTHING

Paddy Passen  
SINCE 1950

Map Scale 100 m



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